

Starters

JACK'S SOUP

49

Jack's creamy napolitana soup with a hint of chilli, served with a portuguese roll

• add chicken strips 25

EDAMAME BEANS v

52

Stirred in a sticky soy sauce or cajun dusted - or both

CHEESY GARLIC ROLL v

52

Our delicious garlic roll topped with cheddarella cheese and a lemon butter twist

CRISPY SQUID HEADS

75

Lightly dusted with seasoned flour and deep-fried

JALAPENO POPPERS v

79

Sliced poppers stuffed with cheddar and feta cheese, battered and deep-fried

SPICY CHICKEN LIVERS

79

Pan-fried with Mozambican-style peri-peri sauce, sliced mushrooms and a portuguese roll

CRISPY HALLOUMI CHEESE v

79

Traditional halloumi crumbed and deep-fried, served with a sweet chilli sauce

8 CHICKEN WINGLETS

89

Dunked in your choice of peri-peri or sweet, sticky soy sauce

CALAMARI

99

Falklands calamari tubes grilled and drizzled with lemon butter or peri-peri sauce

CHEESY GARLIC PRAWNS **NEW**

119

6 prawn tails with garlic and lemon sauce, topped with cheddar mozzarella cheese



8 CHICKEN WINGLETS

*All Jack's meals are made fresh to order and with care, so it takes a little time to prepare.
Thank you for your patience!*



EDAMAME BEANS

Hawaii Poke Bowls

Your choice of protein marinated in soy reduction, with pickled radish, kewpie mayo and pickled ginger
· served with veg and sticky rice, buckwheat noodles or greens · finished with Waikiki or Honolulu sauce

TUNA Seared tuna	129
PRAWN MAUAI Medium grilled prawns	129
HALLOUMI ✓ Crumbed halloumi strips	129
SALMON Norwegian salmon	159



PRAWN MAUAI

Salads

GREEK SALAD ✓ Traditional salad of lettuce, tomato, onion, cucumber, Danish feta and olives	85
SEARED CHILLI-TUNA & AVO Fresh seared chilli-tuna and avocado slices on a bed of fresh greens	99
TEMPURA PRAWN, AVO & FETA Light and crispy tempura prawns and avocado slices on a bed of fresh greens	119
CAJUN CHICKEN & HALLOUMI Cajun spiced chicken strips and grilled halloumi strips on a bed of fresh greens	129



GREEK SALAD



FRESH NORWEGIAN SALMON FILLET

Inspired by the Sea

Served with a side of your choice

WEST COAST OYSTERS

Freshly shucked oysters, done the old-fashioned way - "au naturale"

89 (2) 149 (4) 199 (6)

JACK'S GOOD OL' FISH & CHIPS

Large hake grilled or battered (recommended), served with our home-made tartare

119

ISLAND STYLE CALAMARI

Grilled Falklands calamari tubes served with our lemon butter or peri-peri sauce

189

LINE FISH OF THE DAY

250g fillet, simply grilled, served with lemon butter sauce or peri-peri sauce

199

JACK POPPER FISH

NEW

250g line-fish delicately grilled in our signature jacks sauce, topped with a stuffed jalapeno pepper

229

GRILLED KINGKLIP

A delicate 250g fillet of kingklip grilled with lemon butter sauce or peri-peri sauce

239

FRESH NORWEGIAN SALMON FILLET

200g fillet grilled to your preference in our lemon butter sauce, topped with a prawn rose

339



JACK'S GOOD OL' FISH & CHIPS

Prawns

Jack's famous prawns - served on a bed of basmati rice

• With your choice of lemon butter, peri-peri or Jack's famous prawn sauce

• And with your choice of chips, veg, mash or salad

10 GRILLED MEDIUM PRAWNS	179
18 GRILLED MEDIUM PRAWNS	269
8 GRILLED QUEEN PRAWNS	219
12 GRILLED QUEEN PRAWNS	299
6 GRILLED KING PRAWNS	229
9 GRILLED KING PRAWNS	309
3 GIANT TIGER PRAWNS NEW	499

Cajun grilled giant prawns served with 2 dipping sauces

1 Kg Grilled Prawn Platters

Served with two sides of your choice

MEDIUM PRAWNS ± 32 prawns	499
QUEEN PRAWNS ± 24 prawns	579
KING PRAWNS ± 18 prawns	599



Schnitzels

NEW

Crispy panko-fried chicken fillet with your choice of topping · half / full portion

CHICKEN CAESAR SCHNITZEL

Topped with classic creamy Caesar salad

99 / 149

MUSHROOM

Covered with mushroom sauce

99 / 149

CHEESY MUSHROOM

Slice of cheese topped with creamy mushroom sauce

109 / 159

CHEESY LEMON

Slice of cheese topped with creamy lemon butter

109 / 159

CHEESY PERI SCHNITZEL

Slice of cheese topped with Jack's peri peri sauce

109 / 159

CHEESY LEMON & JALAPENO

Topped with a cheese slice, creamy lemon butter and jalapeño slices

119 / 169

CHEESY GARLIC PRAWN SCHNITZEL

Topped with a cheese slice and creamy garlic and lemon sautéed prawn tails

139 / 189

JACK'S CHEESY PAN SCHNITZEL

Baked saucy cheese pan served with 2 crispy golden brown chicken fillets - pour and devour!
Flavours: Cheesy Lemon and Cheesy Peri Peri
· full portion only

199



CHICKEN CAESAR SCHNITZEL



JACK'S CHEESY PAN SCHNITZEL

Combos

Served with chips, veg, salad or rice

FISH & CALAMARI

Large fillet of hake and grilled Falklands calamari tubes

199

FISH & PRAWN

Large fillet of hake and 4 queen prawns

199

PRAWN & CALAMARI

Grilled calamari and 4 queen prawns

199

CHICKEN & PRAWN

Grilled half chicken served with 4 queen prawns

229

SURF & TURF

220g fillet steak or 250g rump steak
With 4 queen prawns

309 / 249

TOP UP · ADD 2 QUEEN PRAWNS - R40

FAMILY PLATTER



Platters

Served with chips, veg, salad or rice

SAILORS PLATTER

Large fillet of hake, 4 queen prawns and calamari tubes

289

CAPTAINS PLATTER

250g catch of the day or kingklip, 4 queen prawns and calamari tubes

379

PIRATES PLATTER

220g fillet steak, 4 queen prawns and calamari tubes

389

VARIETY PLATTER

500g rump steak / 440g fillet steak
plus half chicken and 12 medium prawns, served with 2 sides

599 / 749

SEAFOOD PLATTER

1 piece line fish and 1 piece kingklip, 12 medium prawns, calamari tubes, crispy tentacles and 2 sides

699

JACK'S FAMILY PLATTER

1 full deboned chicken, 2 fillets of hake, calamari tubes, 18 prawns and 2 sides

749

Classic Cuts

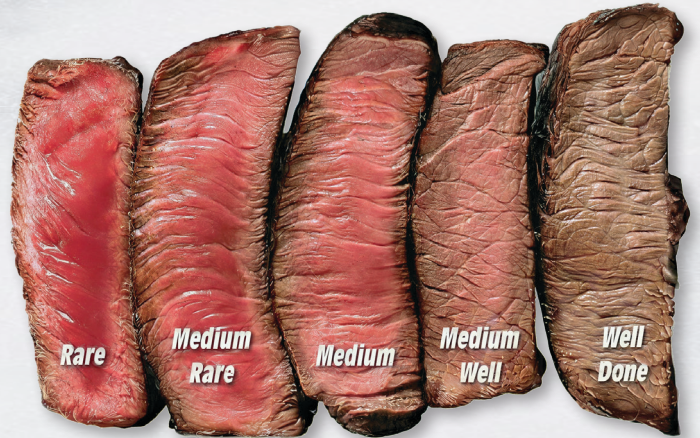
Your choice of 220g fillet or 250g rump steak, served with mushroom, pepper or peri-peri sauce and your choice of side

GOURMET PEPPER 229 / 179
Crusted in our gourmet pepper dry-rub spice

CLASSIC BARBECUE 229 / 179
Basted with our classic in-house barbecue sauce

MASALA PORTO 229 / 179
Flame-grilled with our Portuguese-infused masala sauce

ADD A 110G FILLET - R99



Prime Cuts

Served with mushroom, pepper or peri-peri sauce and a side • grilled with your choice of dry rub, BBQ or masala basting

T-BONE 279
A 500g classic cut of steak combining fillet and sirloin

REAL RUMP 299
A 500g juicy cut of rump steak

300G RIBEYE STEAK **NEW** 319
A 300g juicy cut of ribeye steak

TOMAHAWK 379
A 700g chunk of quality beef

Signature Steaks

Available in 220g fillet or 250g rump

PEPPER-MELT 249 / 199
Delicately grilled, topped with cheese and our creamy pepper sauce

MUSHROOM & CHEESE 259 / 209
Delicately grilled, topped with cheese and our creamy mushroom sauce

STING-RAY 279 / 229
Our masala steak with a slice of cheese and in-house peri-peri sauce, topped with a stuffed cheesy jalapeno

ROSEMARY BUTTER 289 / 239
Lightly dusted, grilled to perfection and finished in rosemary-infused butter

CHILLI GARLIC BUTTER **NEW** 289 / 239
STEAK
Lightly seasoned and grilled to perfection, finished in chilli-infused butter



ROSEMARY BUTTER STEAK

The Grill

Served with your choice of side

DEBONED PERI-PERI CHICKEN

Perfectly marinated and flame-grilled · half / full

139 / 239

LAMB CHOPS

400g, flame-grilled to perfection

239

LAMB SHANK

Slow cooked and served on a bed of mash

349



LAMB SHANK

Curries

Your choice of medium or hot spiced curry, infused with coconut milk
· served with basmati rice and a poppadum

VEG CURRY

129

FISH CURRY

Line Fish

199

PRAWN CURRY

12 medium prawns

199

Bespoke Burgers

SAUCY GRILLED CHICKEN 80

Grilled chicken breast topped with your choice of lemon or peri-peri sauce

VEGGIE BURGER v 85

Soya patty with tomato, lettuce and onion

CRUMBED CHICKEN BURGER 95

Panko-crumbed chicken breast topped with our in-house Waikiki sauce

CLASSIC BURGER 99

Freshly ground barbecue beef patty with tomato, lettuce and onion

THE ULTIMATE FISH BURGER 99

Crispy battered fillet of fish with home-made tartare and sweet chilli

SPICY LAMB BURGER 99

Tender 160g lamb patty with masala basting

CHEESE BURGER 109

Freshly ground barbecue beef patty with tomato, lettuce, onion and cheese

KOREAN FRIED CHICKEN 115

Crispy fried chicken fillet dunked in our sticky asian sauce

LEMON & JALAPENO CRUNCH **NEW** BURGER 119

Crispy crumbed chicken burger topped with cheese, lemon butter and jalapeño slices

MUSHROOM BURGER 125

Freshly ground beef patty with decadent mushroom sauce

JALAPENO & CHEESE 135

Freshly ground beef patty topped with cheese, Jack's sauce and jalapeno slices



JALAPENO & CHEESE BURGER

Pasta

ARRABIATA PASTA ✓	80
Napoli and chilli sauce served with linguini pasta	
CREAMY VEG PASTA ✓	99
Mixed veg served in a creamy sauce	
CHICKEN & MUSHROOM ALFREDO	125
Chicken fillet cubes and mushrooms served in a creamy white sauce	
CHICKEN PICANTE PASTA	129
Cubed chicken fillets in a creamy Napoli sauce with fresh basil and a hint of chilli	
CREAMY PRAWN PASTA	145
Sauteed prawns in a creamy white sauce	
PRAWNS PICANTE PASTA	155
Prawns in a creamy Napoli sauce with fresh basil and a hint of chilli	
STEAK ARRABIATA PASTA NEW	159
Napoli and chilli linguini topped with sweet and spicy beef fillet strips	
STEAK ALFREDO NEW	169
Creamy mushroom linguini topped with BBQ beef fillet strips	



CHICKEN & MUSHROOM ALFREDO

Little Sailors

KIDS' PLAIN PASTA	40
HAKE FINGERS & CHIPS	60
KIDS' BURGER & CHIPS (CHICKEN OR BEEF)	65
CRUMBED CHICKEN STRIPS & CHIPS	69
KIDS' CHEESY PASTA	79



CRUMBED CHICKEN STRIPS & CHIPS



KIDS' CHEESY PASTA

Tasty Sides

SAUCE OF YOUR CHOICE	25
Mushroom · Pepper · Peri-Peri · Jack's Sauce · BBQ · Garlic	
SIDE SALAD v	25
ONION RINGS v	30
CRISPY CHIPS v	30
CREAMY MASH v	30
VEGETABLE OF THE DAY v	35

Top Ups

EXTRA CHEESE SLICE	10
EXTRA MEDIUM PRAWNS (2)	25
CHICKEN STRIPS (100G)	25
4 WINGLETS	40
EXTRA QUEEN PRAWNS (2)	40
BEEF PATTY (160G)	45
LAMB CHOP	45
EXTRA KING PRAWNS (2)	50
HAKE LARGE	80

Desserts

ICE CREAM AND SAUCE	50
Classic vanilla served with your choice of chocolate or salted caramel sauce	
MALVA PUDDING	59 / 89
Decadent sweet spongy pudding served with ice cream · half / full portion	
CRÈME BRÛLÉE	79
Rich vanilla custard base topped with a layer of hardened caramelised sugar	
PANNA COTTA	79
Creamy, chilled custard smothered in a dark salted caramel sauce or berry bliss	
COFFEE CLOUD TIRAMISU ICE CREAM NEW	79
Delightful home-made tiramisu ice cream. A must try!	
CHOCOLATE VOLCANO	89
A rich chocolate-flavoured dessert with a molten centre, baked to perfection	
DEEP FRIED BROWNIE NEW	89
Crumbed and deep-fried brownie balls with a chocolate gooey centre	
STRAWBERRY AND CREAM CHEESE SUSHI NEW MUST TRY!	79 / 129
4 piece / 8 piece	



Beverages

Cold Drinks

Cans - Coke, Coke Zero, Sprite, Sprite Zero, Creme Soda	32
Kinza Cans - Kinza Cola, Diet Cola, Pomegranate, Lemon, Lemon Zero	24
	NEW
Ginger Ale	28
Soda Water	28
Lemonade	28
Tonic Water	24
Liqui-Fruit Orange	35
Liqui-Fruit Berry Blaze	35
Red Bull	45
Lime & Lemonade	36
Passion Fruit & Lemonade	36
Kola Tonic & Lemonade	36
1 Litre Jug of Cordial	129
Lemon Ice Tea	38
Peach Ice Tea	38
Appletiser	42
Grapetiser	42

Shakes

Milkshakes · small / large	39 / 49
<i>Chocolate, vanilla, lime, strawberry, bubblegum, banana, coffee</i>	
Gourmet Shakes	59
<i>Salted Caramel · Coffee · Bar One</i>	

Hot Drinks

Rooibos Tea	26
Five Roses Tea	26
Karak Tea	39
Americano	28
Cappuccino	36
Hot Chocolate	38
Choc Hazelnut Hot Chocolate	49
Cafe Latte	36
Chai Latte	39
Flat White	39
Cafe Mocha	42
Single Espresso	22
Double Espresso	28
Sinful Latte (Condensed Milk)	45

Water

250ml Still Water	24
250ml Sparkling Water	24
750ml Still Water	49
750ml Sparkling Water	49

Mocktails

JACK'S BLUE OCEAN

NEW

A vibrant fusion of blue curaçao-style syrup, sweet strawberry and crisp sparkling refreshment

PASSION DREAM

Luscious passionfruit and smooth vanilla complemented by refreshing ginger ale

PEACH BLOOM SPARKLER

NEW

A refreshing blend of peach, lychee and citrus, finished with a burst of sparkling freshness

ISLAND FIZZ

NEW

A tropical escape of creamy piña colada, cola and refreshing fizz

GINGERED PINEAPPLE

Tropical pineapple and creamy coconut layered with a subtle ginger finish

MINT NO-JITO

A refreshing blend of cool mint and zesty citrus, inspired by the classic mojito

BLUEBERRY MOJITO

Juicy blueberry, zesty lime and cool mint come together in this refreshing mojito-inspired classic

60

60

58

58

58

58

58



SPICED ORANGE SPARK

NEW

Zesty orange and warming pumpkin spice balanced with the gentle spice of ginger ale

55

FLORIDA RD SUNSET

NEW

Sun-kissed peach and delicate lychee blended with ice into a vibrant, refreshing frozen mocktail with a beautifully smooth finish

55

VERY BERRY

NEW

A curated, fruity juice blend with strong tones of watermelon and lemonade syrup

55

STRAWBERRY MINT ICE TEA

Sweet strawberry and cooling mint infused with refreshing lemon iced tea

55

STRAWBERRY DAQUIRI

A luscious strawberry creation delivering vibrant fruit flavour with a smooth, refreshing finish

55



SCAN TO VIEW
THE FULL MENU

